

Box Lunch Menu

Three Great Options

Order by 9:30 am for guaranteed availability same day. Delivery available**

#1-Office Special \$7

- ½ Signature Sandwich or Toasted Panini sandwich
- Fruit
- Cookie of your choice
- Bag of chips

#2-Premium Lunch \$9

- Full Signature Sandwich or Toasted Panini sandwich
- Choice of fruit or salad
- Treat of your choice: cookie, brownie, or bar
- Bag of chips

#3-Lighter Lunch \$8

- Full-size Café Salad
- Slice of artisan bread
- Treat of your choice: cookie, or ½ size brownie or bar

Flour Girls & Dough Boys Artisan Bakery & Café

35 N. Barratt Ave (150 W just off Main St.)
American Fork, UT

To order, please fax in your order or call:

801-763-9232 phone, 763-9237 fax;
M-Th 7:30 am - 7 pm. Fri 7:30 - 8pm
Sat 8:30 am - 8 pm
www.flourgirlsdoughboys.com

Choose a Sandwich (for "Office Special" and "Premium Lunch" only):

Signature Sandwiches

Cranberry Walnut, Turkey, Brie

Sliced turkey, brie cheese spread, and our own creamy cranberry spread on cranberry walnut bread

Roast Beef and Cheddar

Roast beef, cheddar, lettuce, tomato, on sourdough

Tomato, Mozzarella, Pesto

Tomato, fresh mozzarella, pesto on Ciabatta

BLT

Bacon, lettuce, tomato with honey dijon spread on sunflower, honey, oat bread

Toasted Panini Sandwiches

Chicken & Avocado

Marinated breast of chicken, sundried tomatoes, creamy avocado spread, provolone on focaccia

Ham & Swiss

Ham & swiss on rustic country bread

Turkey, Swiss & Cheddar

Turkey, swiss, and cheddar on asiago cheese bread

Toasted Four Cheese

Cheddar, Provolone, Swiss on asiago cheese bread

Honey Butter Ham

Honey butter, sliced ham, provolone, on cranberry walnut bread with cranberry spread on the side

Choose fruit or salad (for "Premium Lunch" only):

Fruit

Fruit in season

Green Salad

made with lettuce, cucumber, tomato. Choice of dressing:

- Ranch dressing
- Balsamic vinaigrette
- Poppy seed

Choose a Café Salad

(for "Lighter Lunch" only):

Blueberry Apple

Red leaf lettuce, dried blueberries, gorgonzola, apples, candied pecans, poppy seed dressing

Mandarin Chicken

Red leaf lettuce, grilled chicken strips, mandarin oranges, feta cheese, candied almonds, dried cranberries, with poppy seed dressing

Greek

Red leaf lettuce, marinated steak or chicken strips, cucumber, kalamata olives, feta cheese, red onions, tomatoes, pepperoncini, balsamic vinaigrette

Southwest

Red leaf lettuce, marinated steak or chicken strips, corn, black beans, red bell peppers, red onions, spicy ranch dressing, topped with tortilla strips

Cobb

Red leaf lettuce, turkey, avocado, bacon, blue cheese, boiled eggs, tomatoes, ranch dressing

Choose a treat:

Cookies -Made with 100% Butter (for all lunches)

Shortbread Chocolate Chip

Buttery shortbread with semi-sweet chocolate chips

Coconut Oatmeal Raisin

Milk Chocolate Chip

Snickerdoodle

Signature Shaped Frosted Cookies

Buttery and flavorful sugar cookies decorated with real buttercream frosting

Brownies and Bars

(for "Premium" and "Lighter" lunches only)

Chocolate Brownie

Fudgy brownie with real chocolate topping

Mint Chocolate Brownie

Peanut Butter Brownie

Lemon Bar

Creamy lemon bar with crumble topping.

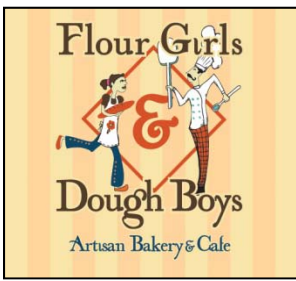
****Delivery: Minimum order size of \$50 for delivery**

Less than 5 miles from bakery: Delivery FREE

5 miles – 10 miles: \$12 delivery fee

Over 10 miles: Please call to determine availability and fee

Order must be received by 9:30 am for same day delivery



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Company: _____

Contact: _____

Phone: _____

Pick Up / Delivery (circle one)**

Time: _____ **am/pm**

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"Premium" Lunch - \$9
Sandwich: _____
Fruit <input type="checkbox"/> Salad <input type="checkbox"/> Dressing: _____
Treat: _____
Name: _____

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"Lighter" Lunch - \$8
Salad: _____
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